



SUNDAY, AUGUST 23RD

Leave-taking of Dormition

8:40a.m. Hours
9:00a.m. Divine Liturgy
Coffee Hour/Open Pool

FRIDAY, AUGUST 28TH

7:00p.m. Great Vespers

SATURDAY, AUGUST 29TH

Beheading of St. John the Baptist

8:40a.m. Hours
9:00a.m. Divine Liturgy
6:00p.m. Great Vespers

SUNDAY, AUGUST 30TH

13th Sunday of Pentecost

8:40a.m. Hours
9:00a.m. Divine Liturgy
Coffee Hour/Open Pool



READER SCHEDULE

Sunday, Aug. 30th

Joanne Patrick

Sunday, Sept. 6th

Nicholas Borodulia



CHRIST THE SAVIOR ORTHODOX CHURCH

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BULLETIN OF AUGUST 23, 2015

Welcome to Our Visitors

We warmly welcome all those who are visiting from near and far. Please consider staying for a bite to eat at our coffee hour following the service. But even if you have to run, we thank you for worshipping with us today, and we wish you a blessed remainder of your visit to Delmarva!



Strict Fast Day – August 29th

On Saturday, August 29th, we remember the Beheading of St. John the Baptist. This day is kept as a strict fast day. Please be attentive – no meat, dairy, or fish.

Prayers for Teachers and Students – August 30th

will be offered for the new academic year today, Sunday, August 30th. Teachers and students will be asked to come forward near the conclusion of the Divine Liturgy.



The Church New Year – September 1st

Every time we enter upon another year whether it be civil or ecclesiastical we have the opportunity to reflect upon the past and make changes for a better future. Let us ask ourselves: What practical changes can I make which will allow the Lord to act more in my life? Can I do more in my spiritual life – prayer, study, almsgiving, stewardship? Can we do more as a community – worship, education, charity, evangelism? How can I personally, and we collectively, play a part in making this coming year better than the previous year?



Open Pool

Following the Divine Liturgy and until 1pm, the pool will be open for swimming. A certified lifeguard will be on duty, but parents should still watch their children. Be safe and enjoy! Questions? Please see Fr. John.

Church Cleaners Needed

We are in need of a few volunteers to help clean the chapel each week, following the Sunday Divine Liturgy. The work is minimal and the blessings, great! If you are willing to help, please see Fr. John.

Going to the Hospital?

Please let your priest know, so that he can add you to the prayer list, or, if you like, pay you a visit. If you know someone else is in the hospital please let Fr. John know.



The Church's Account Balance

is very low due to recent bills/expenses. Your help is requested.

CASH FLOWS THROUGH 7/31/15					CASH FLOWS IN AUGUST 2015					PROJECT CRAWLSPACE			FINANCIAL SNAPSHOT		
OPERATING		OTHER		ALL	OPERATING		OTHER		ALL	AS OF: 8/23			AS OF: 8/23		
Income	Expense	Income	Expense	Net	Income	Expense	Income	Expense	Net	Income	Expense	Net	Checking	Overdue	Mortgage
43,221	45,543	2,680	880	-522	5,216	12,267	0	0	-7,051	21,132	17,410	+3,722	+2,386	-1,546	335,071

HOW CAN WE OVERCOME OUR BAD HABITS?

By Fr. Victor Potapov – From Pravmir.com

At the root of our woes lie our bad habits. Habits (or passions) are never passive. They fight against us, and against our happiness and love. If we do not overcome bad habits, they overcome us.

Who we are and what we do, are not one and the same thing. We want to be charitable, but instead we are greedy. We want to be generous, but we are afraid to be so. We want to be free, but we remain dependent. We want to become stronger and better, but we wreak havoc upon ourselves. We want to forgive, but instead we take offense. We want to rejoice over others' success, but instead we envy. We want to love others, but instead are jealous of, and hate them.

What, in our better moments, we want to do, is who we are. Deep down inside, we are real, perfect creatures after the likeness of God.

Love lies at the foundation of the very highest expressions of the human soul. The miracle of creative love elevates man above nature. Love turns us into what we are: in our true, normal condition, we love.

What we do not want to do, but yet do, are bad habits or passions. Voluptuousness, laziness, envy, greed, avarice, and miserliness, distrust, lying, selfishness, taking umbrage, enmity, slander, rancor or remembrance of wrongs, dependency on tobacco, narcotics, games, vanity, and other bad habits are in part inherited, and in part are acquired over the course of life.

There is something pleasing or at least entertaining in many bad habits; otherwise, we would not so easily succumb to them. But ultimately, each of those habits interferes with our being what we are, i.e. with being loving creatures. After all, we can understand that love cannot be conjoined with hatred, envy, avarice, etc. If you think that you hate everyone, envy everyone, are sorry for everyone, and that you love only this person, or those three people, you are fooling yourself. Your feeling is not love. To be a loving person is a faculty of the entire,

whole person. One cannot be internally divided, for some a loving person, and for others, a mean one.

This is something easily noted in life. As a rule, someone with a real family, a family filled with love, has an excellent, warm relationship not only with his wife, but also with his children, his parents, his friends, and his co-workers. This is because he is a loving person.

If, to the contrary, love for one's parents and friends is not in evidence, there will be no real love for one's wife or husband, for [such a person] is a slave to bad

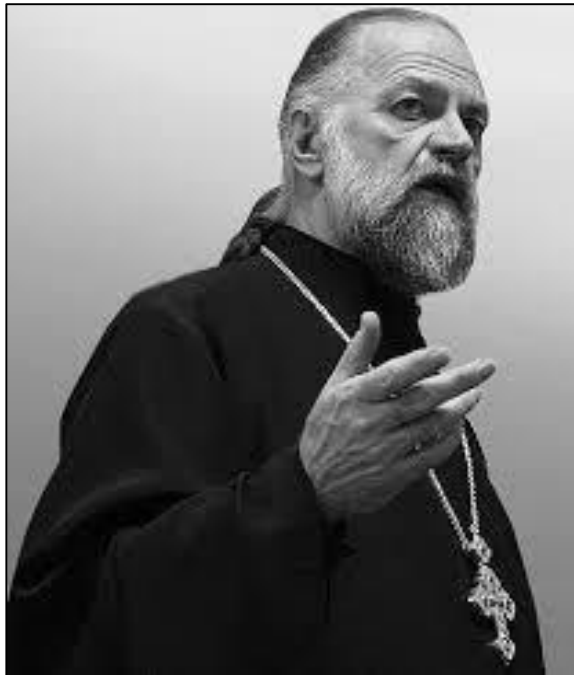
habits, to passions. Yes, God can send him a spark of infatuation, of being in love. However, when under close surveillance by bad habits, that spark will soon die out, and will not burst into the flame of true love.

Passions, bad habits, are a sickness of the soul, and like any sickness, bad habits intensify, with one bad habit intensifying another. A person's soul cannot remain static; it is constantly in motion, moving either toward good or toward evil.

Therefore, to become a true, loving person, one capable of building up and bringing joy to others, it is essential to struggle against one's bad habits, to overcome one's passions and not allow new evil habits to appear.

If we do not defeat our habits, they overcome in us all that is good. The province of slaves to bad habits is a twisted attitude towards things, is slavery and suffering.

Anyone can overcome his bad habits. Every believer who has suffered from some passion or from attacks of obsessive thoughts, knows how much prayer helps in that time of trial. However, he also knows that even more helpful than prayer is confession of that passion, followed by Communion of the Holy Gifts of Christ. The Mystery is a miracle! Mankind possesses nothing more powerful in resolving spiritual problems.



THE BEHEADING OF ST. JOHN THE BAPTIST (ST. MATTHEW 14:1-12)

From the Prologue of Ochrid by St. Nikolai Velimirovich

Herod Antipas, son of the elder Herod, who was the slayer of the children of Bethlehem at the time of the birth of the Lord Jesus, was ruler of Galilee at the time when John the Baptist was preaching. This Herod was married to the daughter of Aretas, an Arabian prince. But Herod, an evil sprout of an evil root, put away his lawful wife and unlawfully took unto himself Herodias as his concubine, the wife of his brother Philip, who was still living. John the Baptist stood up against this lawlessness and strongly denounced Herod who then cast John into prison. At the time of a banquet in his court in Sebastia in Galilee Salome, the daughter of Herodias and Philip, danced before the guests. The drunken Herod was so taken by this dance that he promised Salome that he would give her whatever she asked of him, even though it be half of his kingdom. Being persuaded by her mother, Salome asked for the head of John the Baptist. Herod gave the order and John was beheaded in prison and his head brought to him on a platter. John's disciples took the body of their teacher by night and honorably buried it and Herodias pierced the tongue of John with a needle in many places and buried the head in an unclean place. What later happened to John the Baptist's head can be read on February 24. However, God's punishment quickly befell this group of evil doers. Prince Aretas, in order to cleanse his daughter's honor, attacked Herod with his army and defeated him. The defeated Herod was sentenced by the Roman Caesar, Caligula, to exile at first to Gaul and later to Spain. As exiles, Herod and Herodias lived in poverty and humiliation until the earth opened up and swallowed them. Salome died an evil death on the Sikaris (Sula) river. The death of St. John occurred before the Pascha (Passover) but its celebration on August 29 was established because, on that day, a church which had been built over his grave in Sebastia by Emperor Constantine and Empress Helena was consecrated. In this church the relics of John's disciples, Eliseus and Audius, were also placed.



DID YOU KNOW?

- ❖ Most people come to church because of a personal invitation.
- ❖ Only 2% of church-going people invite someone to church in a given year. That means 98% of church-goers never extend an invitation in a given year!
- ❖ 7 out of 10 unchurched people have never been invited to church in their whole lives.
- ❖ 82% of the unchurched are at least somewhat likely to attend church if invited.
- ❖ The top "rational" reason adults seldom or never attend church is they don't agree with organized religion or what they preach (24 percent).
- ❖ The top "practical" reasons for hardly attending or missing church altogether, 21 percent said they don't have time or they don't get around to it.
- ❖ Children and youth who attend religious services weekly, exhibit fewest behavior problems, are more likely to have high-quality relationships with their parents, and are more likely to exhibit positive social behavior, including showing respect for teachers and neighbors, getting along with other children, understanding other people's feelings, and trying to resolve conflicts with classmates, family or friends.





18TH ALL-AMERICAN COUNCIL MINUTES, POWERPOINT PRESENTATIONS, POSTED

From OCA.org

Approved minutes of the 18th All-American Council are now available on the web site of the Orthodox Church in America. Also available are the AAC PowerPoint presentations.

The Council was held in Atlanta, GA July 20-24, 2015. Its theme was "How to Expand the Mission."

In related news, the Chancery of the Orthodox Church in America is sending an on-line survey to all AAC delegates and participants requesting their feedback on the Council.

ABBREVIATED VERSION OF POLICIES, STANDARDS & PROCEDURES ON SEXUAL MISCONDUCT ISSUED

From OCA.org

In response to general feedback from parishes, the Office for Review of Sexual Misconduct Allegations (ORSMA) and the Sexual Misconduct Policy Advisory Committee (SMPAC) of the Orthodox Church in America have created an abbreviated version of the Policies, Standards, and Procedures (PSP) on Sexual Misconduct.

"Parishes—specifically parish council members and youth workers—will be required to read this five-page booklet rather than the full 39 page PSP," said Cindy Heise, ORSMA Coordinator. "This will hopefully encourage more people to read the PSP and understand the components that directly impact parish life in regard to protecting our youth."

Accordingly, she added, the Annual Compliance Form has also been revised to reflect what actions are required on the parish level. Another associated document, the Guidelines on Background Checks has also been updated to further clarify the PSP requirements. The Holy Synod of Bishops has approved all of these documents.

"Most importantly, we have come to a consensus concerning the screening of volunteers working with minors in the Church," Mrs. Heise continued. "We have agreed that all current youth workers and Church school teachers who have worked in their capacity for less than two years (as of this date) and future applicants who wish to work with youth must go through the full screening procedure as designated in the PSP. This would include a written application, an in-person interview, professional or personal references, criminal history check every three years, child abuse clearance, driving history check if applicable, and training on the prevention of sexual abuse of children annually.

"Any youth worker and Church school teacher who has been working in his/her role for more than two years as of this date will be exempt from two components of the screening procedure—the interview and reference check," she added. "They are still required, however, to fill out a written application and undergo the criminal history check (every three years), child abuse clearance, driving history check, and training on the prevention of sexual abuse of children."

Mrs. Heise concluded by saying that a file folder should be created for each individual youth worker and Church school teacher in a secure location in their respective parishes and that all screening documentation should be kept in each individual's folder.

