

## CHRIST THE SAVIOR ORTHODOX CHURCH

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### BULLETIN OF OCTOBER 11, 2015

#### A Warm Welcome!

We warmly welcome all of our visitors! It's good to have you!

#### Congratulations and Many Years

are extended to Patricia McAlpin on her reception into the Orthodox Church through Holy Chrismation. It is our great joy to celebrate with her and her husband, David, on this grace-filled and blessed day! May the Lord grant them both health, strength, salvation, and many blessed years!



#### 2016 Calendars & Pocket Planners

can be ordered via the order sheet in the back of the church. The calendars are \$5.00 apiece and the pocket planners \$4.00. The order sheet will be in the back of the church for the next month or so.

#### 2015 Archdiocesan Assembly – November 14<sup>th</sup>

is to be held with on Saturday, Nov. 14<sup>th</sup>, at St. Nicholas Cathedral in Washington, DC. A lay delegate is needed to accompany the priest. If you have any interest, please let Fr. John know. Thank you!

#### Contacting Fr. John while Away

Although Fr. John will be away with his family from October 12-24, you may still reach him via phone or email. Should an emergency arise, please do not hesitate to contact him. Thank you!

#### Church School

There are three classes offered for the age groups: 4-7, 8-12, and 13-21. The first two classes will be led by Alexis Oleyunik and the third by Fr. John. Classes will meet once a month during the coffee hour. Appreciation is expressed to Alexis – may the Lord bless her!

#### Prayers for the Healing Ministries – Sun., Nov. 1<sup>st</sup>

will be offered at the Divine Liturgy on Sunday, Nov. 2<sup>nd</sup>, the Sunday following the feast of Ss. Cosmas and Damian, the Wonderworkers and Unmercenary Healers (Nov. 1<sup>st</sup>). Doctors, pharmacists, dentists, nurses, counselors and all those involved in the fields of health and wellness are asked to come forward near the conclusion of the Liturgy for a prayer and blessing.



#### St. Michael's Party – Sun., Nov. 8<sup>th</sup>

On Sunday, Nov. 8<sup>th</sup>, the Feast of the Archangels, we will have a St. Michael's Party for the children. After the Divine Liturgy, the children will get dressed up as Saints and Angels and have a parade during the coffee hour. Questions, please see Mat. Emily.

#### SUNDAY, OCTOBER 11<sup>TH</sup>

##### 19<sup>th</sup> Sunday of Pentecost

##### Holy Fathers of the 7<sup>th</sup> Council

8:40a.m. Hours

9:00a.m. Div. Liturgy; Coffee Hr.

#### SATURDAY, OCTOBER 17<sup>TH</sup>

6:00p.m. Great Vespers

#### SUNDAY, OCTOBER 18<sup>TH</sup>

##### 20<sup>th</sup> Sunday of Pentecost

##### Apostle Luke

8:40a.m. Hours

9:00a.m. Div. Liturgy; Coffee Hr.  
Church School 1

#### READER SCHEDULE

##### Sunday, Oct. 18<sup>th</sup>

Nicholas Borodulia

##### Sunday, Oct. 25<sup>th</sup>

Alexis Oleyunik



CASH FLOWS THROUGH 9/30/15					CASH FLOWS IN OCTOBER 2015					PROJECT CRAWLSPACE			FINANCIAL SNAPSHOT		
OPERATING		OTHER		ALL	OPERATING		OTHER		ALL	AS OF: 10/11			AS OF: 10/11		
Income	Expense	Income	Expense	Net	Income	Expense	Income	Expense	Net	Income	Expense	Net	Checking	Overdue	Mortgage
59,626	64,787	3,180	1,380	-3,361	1,420	5,057	0	0	-3,637	21,132	17,410	+3,722	+2,459	0	331,737



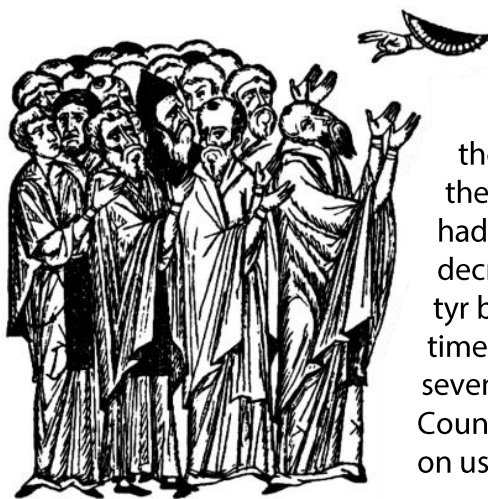
## THE HOLY FATHERS OF THE 7<sup>TH</sup> ECUMENICAL COUNCIL

*From the Prologue of St. Nikolai Velimirovich*



The Seventh Ecumenical Council was held in 787 at Nicaea during the reign of the devout Empress Irene and her son, Constantine, in the time of Patriarch Tarasius. This Council finally confirmed the veneration of icons, justifying it by Holy Scripture, by the witness of the Holy Fathers, and by the undeniable example of miracles manifested through the holy icons. Adding to examples of miracles previously cited, Bishop Constantine of Cyprus recounted this: One day, a certain shepherd from the town of Constantia drove his flock to pasture, and there saw an icon of the Most-holy Theotokos, all decorated with flowers by the faithful. "Why render so much

honor to a rock?" said the shepherd, who had obviously been brought up in iconoclasm. He struck the icon with his iron shepherd's cane, and damaged the right eye of the image of the Mother of God. As



soon as he turned away, he stumbled over that same cane and gouged out his own right eye. Thus injured, he returned to the city, crying out tearfully that the punishment of the Theotokos had befallen him. This Council also decreed that the holy relics of a martyr be placed, without fail, in the Antimension. Three hundred and sixty-seven Fathers participated in this Council. May the Lord also have mercy on us and save us by their prayers.

### INTRODUCING OCAREVIEW: A FREE, MONTHLY HARD-COPY DIGEST OF OCA WEB SITE HIGHLIGHTS

*From OCA.org*

SYOSSET, NY [OCA] With the blessing of His Beatitude, Metropolitan Tikhon and in response to a growing number of requests from individuals who do not have internet access, the Orthodox Church in America's web team is now producing monthly PDFs that highlight a selection of major stories featured on the OCA web site during the previous month.

Titled "OCAreview: The Orthodox Church in America's Monthly Hard-Copy Digest," each edition will highlight eight to ten "capsulized" news stories and photos gleaned from the dozens that appear monthly on the web site. Parishes are encouraged to print and distribute each monthly edition as needed, either in full color or black and white, as local capabilities permit. "OCAreview" makes an ideal monthly bulletin insert and communications resource.

The October 2015 digest, which features eight stories posted on the OCA web site during September, may be downloaded in color or black and white. The URLs for the original on-line versions of each story are included for easy reference. In addition, all parishes and clergy will receive PDFs of the digest via e-mail on a monthly basis. Others who wish to receive the monthly e-mail version may subscribe. There is no charge for the digest.

In related news, the OCA's Department of Christian Education offers a series of over 320 weekly bulletin inserts in PDF format that may be printed and distributed locally. Topics include Scripture commentaries, lives of the saints, book and movie reviews, and themes of general spiritual interest. The series—"Sunday to Sunday with the DCE"—is available free of charge.

## ocareview

the orthodox church in america's monthly hard-copy digest • october 2015

**Metropolitan Tikhon attends Papal gathering**  
**NEW YORK, NY**—Metropolitan Tikhon attended the "Multi-Religious Gathering with Pope Francis" at the Museum of the National 9/11 Memorial on September 25, 2015. Accompanying him was Archbishop John Jilione, OCA Chancellor. Hierarchs of the Greek Orthodox Archdiocese of America, the Antiochian Orthodox Christian Archdiocese of North America, the Ukrainian Orthodox Church of the USA, and the Oriental Churches also were present, along with representatives of other faith traditions. During a brief ceremony, Greek Orthodox Archbishop Demetrios read the Beatitudes in Greek. Pope Francis called on those present to observe a moment of silence in memory of those who lost their lives and as a sign of "commitment to the cause of peace throughout this world which God has given us as the home of all and a home for all." <http://oca.org/news/headline-news/metropolitan-tikhon-attends-papal-gathering-at-nyca-9-11-memorial>

**Metropolitan Tikhon with Antiochian Metropolitan Joseph and Coptic Bishop David at 9/11 Memorial**  
**NEW YORK, NY**—Metropolitan Tikhon welcomed Patriarch Kirill of Serbia to St. Vladimir's Seminary on September 11, 2015. During an academic convocation, at which Archbishop Dr. John Behr, Dean, presided, Patriarch Kirill was awarded an Honorary Doctorate. Accompanying Patriarch Kirill were Bishops Maxim and Mitrophan of the Serbian Church's Western American and Eastern America Dioceses respectively and Bishop Justin of Zica. After being invested with the academic hood and doctoral cross, Patriarch Kirill delivered a lecture titled "Theology as a Hope for the Future of the Church." <http://oca.org/news/headline-news/metropolitan-tikhon-welcomes-patriarch-kirill>

**Assembly of Bishops meets in Chicago**  
**CHICAGO, IL**—Metropolitan Tikhon and members of the OCA Holy Synod of Bishops participated in the sixth annual meeting of the Assembly of Canonical Orthodox Bishops of the USA here September 15-17, 2015. This year's meeting included sessions devoted to canonical regional planning, during which the Assembly's 12 jurisdictional first hierarchs offered their insights on a proposal prepared by the Committee for Canonical Regional Planning slated to be submitted to the Great and Holy Council in 2016. Working sessions on pastoral practices involving marriage and divorce also were held. At the conclusion of the meeting, the hierarchs issued a statement to the faithful. <http://oca.org/news/headline-news/assembly-of-bishops-issues-message-at-conclusion-of-sixth-annual-meeting>

**An introduction...**  
OCAreview is now available for those without internet access who desire printed highlights of OCA web site postings. Parishes are asked to duplicate and distribute the digest locally on a monthly basis.

**Searching for the relics of St. Jacob Netsvetov**  
**SITKA, AK**—In line with a National Park Service (NPS) project to restore a portion of Sitka National Park to its appearance in Russian colonial times, a search for the burial site and relics of St. Jacob Netsvetov recently began. In a meeting with NPS reps, Bishop David of Sitka and Alaska had brought up the possibility of locating the relics which, if found, would be enshrined in Sitka's St. Michael Cathedral. Cornell University's Dr. Thomas Urban arrived in Sitka where, with the help of a "ground penetrating radar" device, scanning was initiated. It is suspected that St. Jacob was interred near the entrance to a church that once stood on the site. Born on Alaska Island in 1802, the son of a Russian father and Aleut mother, St. Jacob was Orthodox Christianity's first North American-born priest. His tireless missionary efforts brought about the conversion of many across Alaska's Yukon River region. He fell asleep in the Lord in 1864. <http://oca.org/news/headline-news/search-for-relics-of-st-jacob-netsvetov-begins>

## NEW RESOURCES ON NORTH AMERICAN SAINTS INCLUDE LIFE ICONS, VIDEO-LECTURE ON ST. JUVENALY

*From OCA.org*

Two new resources that will aid in the study of the lives of North America's saints are now available—a series of “life icons” and a video-lecture on the martyred Saint Juvenaly of Alaska.

A “life icon” is one in which a series of smaller icons showing specific events in a saint's life surround a central panel depicting the saint in glory. In spring 2015, resources explaining the life icons of three North American saints—Herman, Jacob Netsvetov and Tikhon of Moscow were made available. Five additional icons—those of Saints Alexander Hotovitzky, Alexis Toth, Innocent Veniaminov, John Kochurov and Raphael Hawaweeny—have been added to the completed collection. The full-color life icons may be downloaded and printed free of charge for use by individuals and parishes.

“Each icon offers a frame-by-frame explanation of individual scenes from a saint's life with a detailed narrative on the reverse,” said Matushka Valerie Zahirsky, Chair of the Orthodox Church in America's Department of Christian Education and series editor. “Studying the icons and the narratives together provides a deeper understanding of who the saints were and what they did and provides an occasion for relating their witness to our own efforts in ‘expanding the Mission’ of the Church in North America today.”

The life icon resources are ideal for use in formal Church school and adult education settings as well as for personal study. They also may be enlarged and use as decorative inspirational displays in halls, classrooms and other public venues.

Supplementing the life icon series is the DCE's activity book for children and parents, activity book for children and parents, *Saints of North America*. First published in 2007, the book is the work of sev-

eral authors, with handsome full-page iconographic line drawings by Matushka Christine Zebrun. It features sections on 12 saints, eight of whom are represented in the life icon series. It also may be downloaded and printed free of charge.

In related news, a video-lecture on Saint Juvenaly is now available for viewing. Produced under the auspices of the OCA's Department of History and Archives by Matushkas Katherine Vitko and Alexandra Safchuk with input from Alexis Liberovsky, OCA Archivist, and technical production by videographer Jim Karabin, the lecture is delivered by Archpriest Michael Oleksa. It is illustrated with numerous fas-

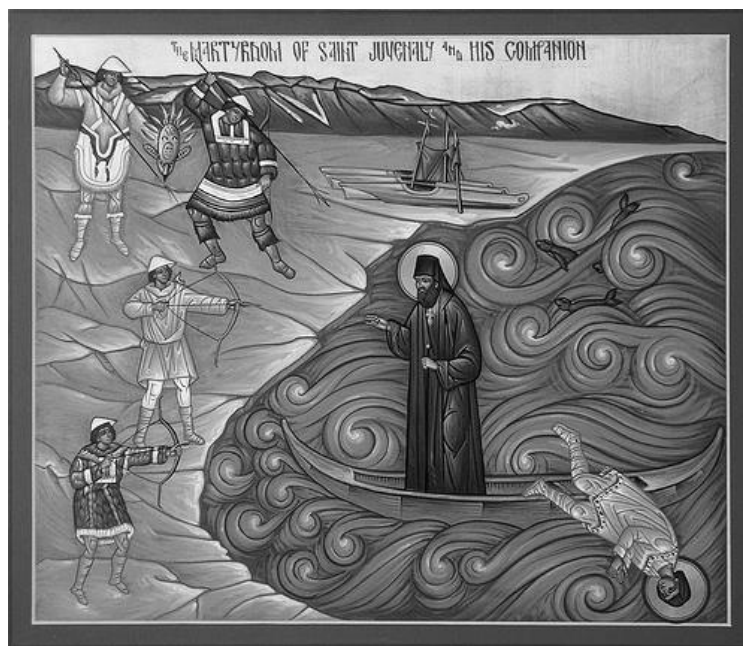
cinating photos, maps, music and related material from various sources, including the Library of Congress and the Smithsonian Museum, Washington, DC.

“The video untangles the great mystery of the death of Saint Juvenaly, revealing inaccuracies in some documentation and debunking a previously written fictionalized account of his life,” said Matushka Katherine.

“And it traces the historical events concerning the ministry and activities of the first missionaries to North America—history that has been preserved for us by some surprising non-Orthodox sources!”

Among the recently discovered “revelations” is reference to another, unnamed Orthodox Christian martyr described only as one who “swims like a seal.”

“Described by one reviewer as being like an episode of ‘History Detectives,’ Father Michael's lecture discusses the meaning of Saint Juvenaly's martyrdom for us today as members of the Orthodox Church on the North American continent,” added Matushka Katherine. “It also demonstrates the value of oral tradition in the lives of the Alaskan native people.”



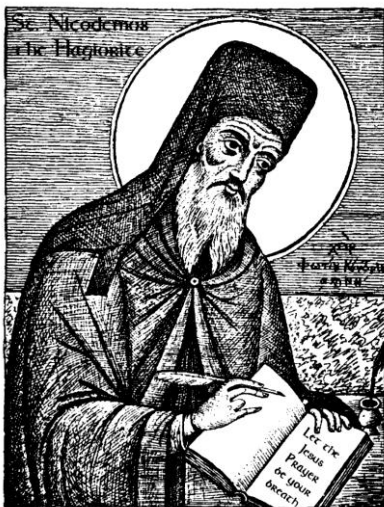


## ON THE JESUS PRAYER WHICH LEADS TO SANCTIFICATION

from "Gifts of the Desert" by Kyriacos C. Markides

The Jesus Prayer, "Lord Jesus Christ, Son of God, have mercy upon me a sinner", is the most powerful way of contacting God. It fills one with grace as he or she keeps this prayer in his or her heart and mind. Ideally one should reserve a certain amount of time every day and engage in this form of prayer. Furthermore, as one engages in routine activities such as washing dishes, taking a walk, or waiting at a bus stop one can recite the prayer. Then the person will reach a point when the Prayer will be an ongoing activity within his or her consciousness even while asleep or even while one engages in intellectually challenging activities like solving mathematical equations. Prayer becomes a form of breathing, an ongoing activity within the person that sanctifies his or her entire being.

## THE CHURCH FATHERS ON SAINT PAUL'S ADMONITION TO "PRAY WITHOUT CEASING" (1 THESS 5:17)



### St. Nicodemus the Athonite

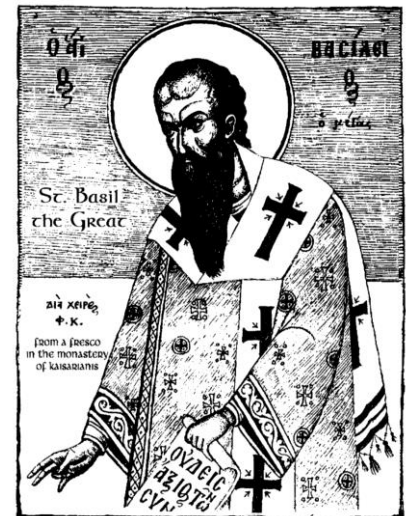
Let no one think, my fellow Christians, that only priests and monks need to pray without ceasing, and not laypeople.

When the Apostle commanded us, "Pray without ceasing," he meant that we must pray inwardly with our intellect: and this is something that we can always do. For when we are engaged in manual labor and when we walk, sit down, eat and drink, we can always pray with our intellect and practice inner prayer, true prayer, which is pleasing to God.



### St. Isaac the Syrian

When the Holy Spirit makes His dwelling place in someone, he does not cease to pray, because the Spirit will constantly pray in Him. Then, neither when he sleeps nor when he is awake, will prayer be cut off from his soul; but when he eats and drinks, when he lies down or works, even when he is immersed in sleep, the perfumes of prayer will breathe in his heart spontaneously. From this point on he will not possess prayer only at limited times, but always.



### St. Basil the Great

Prayer is a request for what is good, offered by the devout to God. But we do not restrict this "request" simply to what is stated in words... We should not express our prayer merely in syllables, but the power of prayer should be expressed in the moral attitude of our soul and in the virtuous actions that extend throughout our life... This is how you pray continually – by joining yourself to God through your whole way of life, so that your life becomes one continuous and uninterrupted prayer.

