



CHRIST REVEALS HIS DIVINE GLORY

SUNDAY, AUGUST 8TH

11TH SUNDAY AFTER PENTECOST

8:40a.m. Hours

9:00a.m. Divine Liturgy

Coffee Hour

MONDAY, AUGUST 9TH

ST. HERMAN OF ALASKA

9:00a.m. Akathist

WEDNESDAY, AUGUST 11TH

7:00p.m. Paraklesis to Theotokos

SATURDAY, AUGUST 14TH

5:00p.m. Bible Study

6:00p.m. Great Vespers w/ Litiya

SUNDAY, AUGUST 15TH

DORMITION OF THE THEOTOKOS

One of the Twelve Great Feasts

8:40a.m. Hours

9:00a.m. Divine Liturgy

Coffee Hour

7:00p.m. Great Vespers w/ Litiya

MONDAY, AUGUST 16TH

ICON NOT-MADE-BY-HANDS

Our Parish Feastday

9:00a.m. Baptismal Liturgy

Open House @ Rectory

READER SCHEDULE

Sunday, August 15th

Bruce Eckerd

Sunday, August 22nd

Kathy Parrish



CHRIST THE SAVIOR ORTHODOX CHURCH

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BULLETIN OF AUGUST 8, 2010

Please Remember in Prayer

Irene Clenney, Gabriela Jones, Roman Szwee, Melvin, Mat. Dunia, Patti Lease, Peg Feeser, Anna Varone, Bill & Kathy Parrish, Frs Michael & Andrew, Monk Christian, Jane Koshutko, Robert Evanusa, Nicholas & Linda, Nicholas, Anna, Todd & Olga, Nina Gordon, Mirela & Chris, Jaroslav, Troy Duker, Frank & Mary Miranda, Kathy T., Nicholas Parsells, Bruce, Julia Plisko & family. Requests? See Fr. John.

Welcome to Our Visitors

We warmly welcome all those who are visiting from near and far. Please consider staying for a bite to eat at our coffee hour following the service. But even if you have to run, we thank you for worshipping with us today, and we wish you a blessed remainder of your visit to Delmarva!



Bible Studies

We will be starting the first Catholic Epistle of St. Peter this Saturday night at 5:00pm. The Great Vespers will be held at 6:00pm as usual. Attendance for the studies has been slowly on the rise. Please consider coming, and don't forget to bring a Bible and a friend!

Saint George's Greek Festival

Many thanks to all who supported St. George's by attending or working at the Greek Festival. It was a wonderful festival! Xronia Polla! Many Years!



The Dormition of the Mother of God – August 15th

The great feast commemorating the death, burial, resurrection, and ascension of the Virgin Mary, will be celebrated next Saturday night and Sunday. In preparation, we will have a Paraklesis (service of Supplication) to the Virgin Mary on Wednesday August 11th at 7:00pm. It's not too late to schedule your confession, please just see Fr. John.

Our Patronal Feast – August 16th

The feast of our Mission is celebrated each year on August 16th, when the Church commemorates the revealing of the Icon Not-Made-By-Hands. There will be Vespers the evening before and a Baptismal Divine Liturgy on the feast day itself, August 16th. Following the service there will be an Open House in the rectory in honor of the Parish Feastday and the Baptism of Nicholas Parsells. All invited!



Prayers for Teacher and Students – August 29th

will be offered for the new academic year on Sunday, August 29th.

Parish Picnic – Sunday, September 18th

Everyone is invited for the annual parish picnic; this year being held at Constantine's condo on the beach. Save the date!

SPIRITUAL LESSONS FROM AN ARCHBISHOP'S iPhone

By Trevor Williams

The worldwide popularity of Apple Inc.'s iPhone is largely thanks to its dazzling touchscreen, which lets users navigate content with a flick or a pinch of their fingers.

But the device that commands the worship of gadget lovers is helping the Greek Orthodox Archdiocese of America point to faith in something beyond the tactile world.

Archbishop Demetrios, spiritual leader of the church's 5 million American adherents, hasn't yet upgraded to the iPhone 4. He says the older version keeps him connected just fine.

It also serves as a teaching tool. During a recent interview with GlobalAtlanta, the Harvard-educated 82-year-old pulled his iPhone from the recesses of his black clerical robe to drive home a theological point.

"This little item could give me access at this point to any part of the globe. It offers me thousands of musical pieces. It connects me with thousands of people," he said, holding the phone upright, pinched between his thumb and index finger. "How can we explain that this is stored in this kind of item here? I say, if you cannot explain absolutely natural phenomena, how can you explain the presence of God?"

CNN's technology presents a similar enigma. We can't see sound and light waves, but cameras and monitors capture and translate them into news

broadcasts that reach to the farthest corners of the globe, the archbishop said.

Like cameras, humans must be conduits for the unseen God. "You have to have the human being to become this catcher of the divine waves and presence," he said.

For the past three months, CNN's cameras have been trained on the Gulf of Mexico oil spill, which

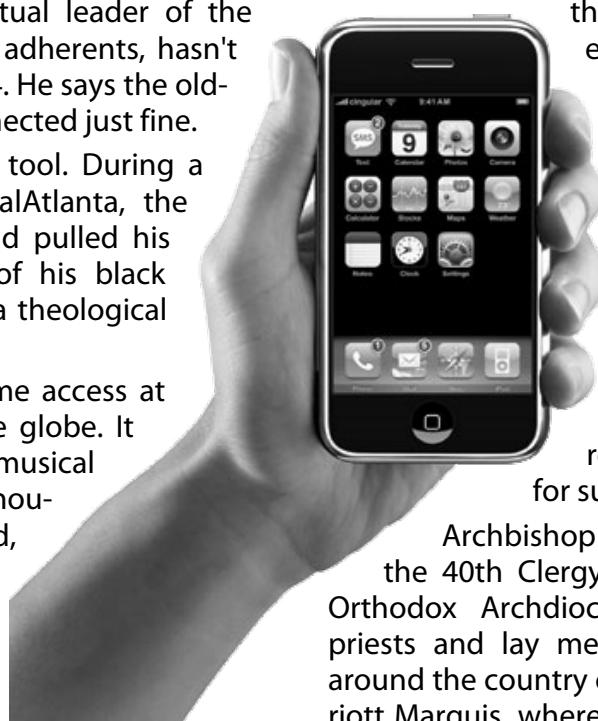
the archbishop views as a real example of human frailty. If we can't mitigate such natural disasters, we have to question the trend toward secularization, the dependence on human resources without regard for God.

"We are very vulnerable as human beings, no matter what we say, so now you develop the idea: what is the real source you can depend on for sure? Here comes God," he said.

Archbishop Demetrios visited Atlanta for

the 40th Clergy-Laity Congress of the Greek Orthodox Archdiocese of America. Some 800 priests and lay members from all 540 parishes around the country converged on the Atlanta Marriott Marquis, where their spiritual father presided over the biennial conference that set the church's agenda for the next two years.

The archdiocese is ramping up its use of technology to reach out to the younger generation. The church has a Facebook page and is in the process of building a blog, the archbishop said.



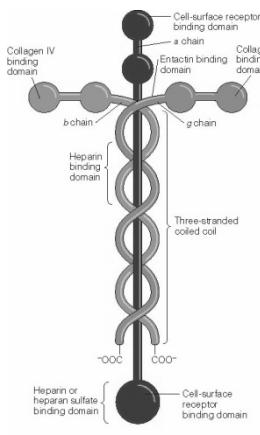
DID YOU KNOW?

Laminin is a protein in our body that literally holds our skin, organs, and everything else in our body, in place. It is described as the rebar or glue of the human body— it holds us all together. Without laminin we would fall apart.

The diagram on the right shows the molecular structure of laminin. This is not a Christian rendering of the protein – this is the diagram which is found in all scientific textbooks.

For more information on laminin, please see Google or the following inspirational video on YouTube:

Check it out! http://ca.youtube.com/watch?v=_e4zgJXPpl4



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1900-FixUrBible

by Matthew Archbold

Are you tired of reading passages from the Bible that shock you? Don't you think that sometimes the Word of God can seem a little...outdated? Aren't you weary of being offended by certain things Jesus said?

Well don't let your religion challenge you anymore, now there's 1900-FixUrBible -a new service you can do right from home that tailors your Bible to your needs.

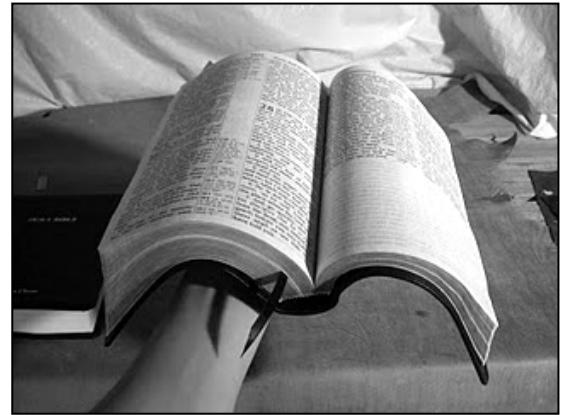
Yes it's the Bible but more importantly it's YOUR bible.

1900-FixUrBible has operators standing by to ask you certain questions about what offends you in your Bible and based on your preferences your Bible can be tailor made to suit your needs by removing certain quotations that don't fit in with 21st century life. Your Bible can also bold your favorite quotes like "Judge Not lest ye' be judged" because sometimes we don't want to be challenged by our faith, we just need reaffirmation.

Whether it's making your Old Testament smite free or having the names of all the Pharisees changed to the leaders of the political party you like least 1900-FixUrBible can do it. We can work miracles by removing anything which refers to: A) sexual ethics, B) Abortion, C) The authority of the bishops.

Remember, just because you're following Jesus doesn't mean you can't blaze your own trail sometimes. Call 1900-FixUrBible for YOUR Bible today.

Legal disclaimer: 1-900-FixUrBible provides no guarantee that you will go to heaven and may even be hazardous to your eternal soul.



ON DRAWING CLOSER TO GOD

The Teaching of St. Dorotheos of Gaza

Many hundreds of years ago a very holy old man lived in a desert. One day people came to him and said, "Father, teach us, how can we come closer to God while we live in the world?" The old man drew a circle in the sand at his feet. "This circle is the world," he said "and here in the center of it is God. Each one of us lives in the world," and he made dots around the edge of the circle. "As we try to come closer to God, we draw closer to each other and this is the only way in which we can come closer to God. Remember it."

40TH ANNIVERSARY OF ST. HERMAN'S CANONIZATION

KODIAK ISLAND, AK [OCA] -- Hundreds of Orthodox Christian pilgrims are expected to flock to Spruce Island, AK on Monday, August 9, 2010, to celebrate the 40th anniversary of the canonization of Saint Herman of Alaska, one of the first -- and surely the most beloved -- Orthodox Christian missionaries to serve the people of Alaska.

Staff and volunteers at Holy Resurrection Cathedral in nearby Kodiak coordinate the annual event, which draws Orthodox and non-Orthodox visitors from across North America into the dense spruce forest in which Saint Herman lived and prayed, struggled, and performed miracles from 1808 until his death in 1837. Saint Herman of Alaska was glorified by the Church on July 27/August 9, 1970 and is universally recognized as a saint of the Orthodox Church and the protector of the Church in North America.



An Akathist to St. Herman is being offered here at Christ the Savior on Monday at 9:00am.

THE FASTS IN THE ORTHODOX CHURCH

From the Catechism of St. Nikolai Velimirovich

Q. Who instituted fasting as necessary for salvation?

A. Our Lord Jesus Christ, both by His personal example (Matt. 4:2) and by His teaching (Matt. 6:16; 7:21).



Q. What is the aim of fasting?

A. The aim of fasting is to:

1. purify the body;
2. strengthen the will;
3. elevate the soul over the body;
4. glorify God and honor His saints.

Q. In what does Fasting consist for an Orthodox Christian?

A. In abstention from rich foods such as meat and dairy products, evil thoughts, desires and deeds. In the application of greater prayer, alms giving and more strenuous exercising of all the Christian virtues.

Q. How do we classify the Fasts and their seasons?

A. There are four fasting seasons which can be found of the Church calendar:

1. Advent – a six week fast before the Nativity of the Lord (Christmas), December 25th
2. Great Lent – a seven week fast before Pascha (Easter)
3. Apostles' Fast – of changing duration before the feast of Ss. Peter & Paul, June 29th
4. Dormition Fast – a two week fast before the Dormition of the Mother of God, August 15th



FROM THE CHURCH FATHERS – FASTING AS MEDICINE

Fasting is a medicine. But medicine, as beneficial as it is, becomes useless because of the inexperience of the user. He has to know the appropriate time that the medicine should be taken and the right amount of medicine and the condition of the body which is to take it, the weather conditions and the season of the year and the appropriate diet of the sick and many other things. If any of these things are overlooked the medicine will do more harm than good. So, if one who is going to heal the body needs so much accuracy, when we care for the soul and are concerned about healing it from bad thoughts, it is necessary to examine and observe everything with every possible detail.

Fasting is the change of every part of our life. Because the sacrifice of the fast is not the abstinence but the distancing from sins. Therefore, whoever limits the fast to deprivation of food, he is the one who, in reality, abhors and ridicules the fast. Are you fasting? Show me your fast with your works. Which works? If you see someone who is poor, show him mercy. If you see an enemy, reconcile with him. If you see a friend who is becoming successful, do not be jealous of him! If you see a beautiful woman on the street, pass her by.

In other words, not only should the mouth fast, but the eyes and the legs and the arms and all the other parts of the body should fast as well. Let the hands fast, remaining clean from stealing and greediness. Let the legs fast, avoiding roads which lead to sinful sights. Let the eyes fast by not fixing themselves on beautiful faces and by not observing the beauty of others. You are not eating meat, are you? You should not eat debauchery with your eyes as well. Let your hearing also fast. The fast of hearing is not to accept bad talk against others and sly defamations.

Let the mouth fast from disgraceful and abusive words. Because, what gain is there when, on the one hand we avoid eating chicken and fish and, on the other, we chew up and consume our brothers? He who condemns and blasphemes is as if he has eaten brotherly meat, as if he has bitten into the flesh of his fellow man. It is because of this that Paul frightened us, saying: "If you chew up and consume one another be careful that you do not annihilate yourselves."