



**CHRIST THE SAVIOR ORTHODOX CHURCH**

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**BULLETIN OF SEPTEMBER 14, 2014**

**A Warm Welcome!**

We warmly welcome all of our visitors! It's good to have you!

**Exaltation of the Holy Cross – September 14<sup>th</sup>**

This feast commemorates the finding of the True Cross of Christ by St. Helen, the mother of St. Constantine the Great. On this day, the founding priest of our Mission, Protopresbyter Daniel Hubiak was ordained to the Holy Priesthood. We wish him and Mat. Dunia, many blessed years!



**Today is a Strict Fast Day**

Although today is one of the Twelve Great Feasts of the Church, it is also a strict fast day. Please be attentive and reflective.



**“Polar Bear Club” Sunday – September 21<sup>st</sup>**

Next Sunday will be the final day for swimming during the coffee hour. All are welcome to take one last dip in the “frigid” waters. Parents please watch your children even though a lifeguard is on duty.

**Parish Council Meeting – September 21<sup>st</sup>**

Next Sunday we will have our 3<sup>rd</sup> quarterly meeting. Regular reports will be offered. All parishioners are welcome to attend.

**Appreciation is Extended**

to all who helped make last weekend’s Spiritual Retreat possible, especially our group leaders, organizers, and our guests! May the Lord bless you for your labors, donations, and any and every thing that you have done to make the weekend such a success and to His glory!



**Many Thanks**

To the following local business who donated for last week’s Spiritual Retreat: Walmart, Waterman’s Seafood Restaurant, Giant Food Stores, Cake Art Bakery, Yummies’ Bakery, Delmar Pizza, Station 7 Restaurant, and Pepsi.



**Over 300 Photos**

in six galleries have been posted to our website from last weekend’s Spiritual Retreat. Check them out!

**Have a Question?**

Are you wondering about Orthodox Christianity or Christ the Savior Mission? Please feel free to ask Fr. John any questions in person, via phone (302-537-6055) or email (frjohn@orthodoxdelmarva.org).



**SUNDAY, SEPTEMBER 14<sup>TH</sup>**

**Exaltation of the Holy Cross**

*One of the Twelve Great Feasts*

8:40a.m. Hours  
 9:00a.m. Divine Liturgy  
 Coffee Hour/Open Pool

**SATURDAY, SEPTEMBER 20<sup>TH</sup>**

6:00p.m. Great Vespers

**SUNDAY, SEPTEMBER 21<sup>ST</sup>**

**15<sup>th</sup> Sunday of Pentecost**

8:40a.m. Hours  
 9:00a.m. Divine Liturgy  
 Coffee Hour/Open Pool

*Do not do anything without signing yourself with the sign of the Cross! When you depart on a journey, when you begin your work, when you go to study, when you are alone, and when you are with other people, seal yourself with the Holy Cross.*

Elder Cleopa of Romania

**READER SCHEDULE**

**Sunday, Sept. 21<sup>st</sup>**  
 Joanne Patrick

**Sunday, Sept. 28<sup>th</sup>**  
 Alexis Oleynik

CASH FLOWS THROUGH 8/31/14					CASH FLOWS IN SEPTEMBER 2014					FINANCIAL SNAPSHOT		
OPERATING		OTHER		ALL	OPERATING		OTHER		ALL	ASSETS & LIABILITIES – 9/14		
Income	Expense	Income	Expense	Net	Income	Expense	Income	Expense	Net	Checking	Overdue	Mortgage
49,647	45,844	8,231	9,850	+2,184	1,927	4,473	0	2,294	-4,840	7,836	0	353,408



## THE EXALTATION OF THE CROSS

*Celebrated on September 14<sup>th</sup>*

Saint Helen, the mother of Saint Constantine the Great, when she was already advanced in years, undertook, in her great piety, the hardships of a journey to Jerusalem in search of the cross, about the year 325. A temple to Aphrodite had been raised up by the Emperor Hadrian upon Golgotha, to defile and cover with oblivion the place where the saving Passion had been suffered. The venerable Helen had the statue of Aphrodite destroyed, and the earth removed, revealing the Tomb of our Lord, and three crosses. Of these, it was believed that one must be that of our Lord, the other two of the thieves crucified with Him; but Saint Helen was at a loss which one might be the Wood of our salvation. At the inspiration of Saint Macarius, Archbishop of Jerusalem, a lady of Jerusalem, who was already at the point of death from a certain disease, was brought to touch the crosses, and as soon as she came near to the Cross of our Lord, she was made perfectly whole. Consequently, the

precious Cross was lifted on high by Archbishop Macarius of Jerusalem; as he stood on the ambo, and when the people beheld it, they cried out, "Lord have mercy." It should be noted that after its discovery, a portion of the venerable Cross was taken to Constantinople as a blessing. The rest was left in Jerusalem in the magnificent church built by Saint Helen, until the year 614. At that time, the Persians plundered Palestine and took the Cross to their own country (see Jan. 22, Saint Anastasius the Persian). Late, in the year 628, Emperor Heraclius set out on a military campaign, retrieved the Cross, and after bringing it to Constantinople, himself escorted it back to Jerusalem, where he restored it to its place.

## LONG-HANDLED SPOONS

*By and unknown author*

A holy man was having a conversation with the Lord one day and said, 'Lord, I would like to know what Heaven and Hell are like.' The Lord led the holy man to two doors.

He opened one of the doors and the holy man looked in. In the middle of the room was a large round table. In the middle of the table was a large pot of stew, which smelled delicious and made the holy man's mouth water. The people sitting around the table were thin and sickly. They appeared to be famished. They were holding spoons with very long handles that were strapped to their arms and each found it possible to reach into the pot of stew and take a spoonful. But because the handle was longer than their arms, they could not get the spoons back into their mouths. The holy man shuddered at the sight of their misery and suffering. The Lord said, 'You have seen Hell.'

They went to the next room and opened the door. It was exactly the same as the first one. There was the large round table with the large pot of stew which made the holy man's mouth water. The people were equipped with the same long-handled spoons, but here the people were well nourished and plump, laughing and talking. The holy man said, 'I don't understand.'

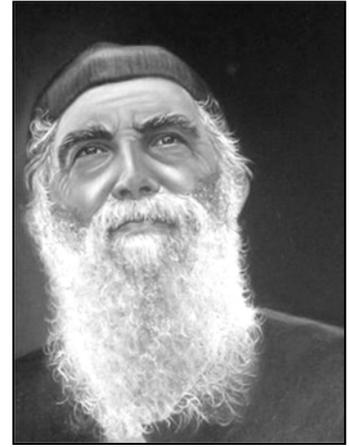
It is simple,' said the Lord. 'It requires but one skill. You see they have learned to feed each other, while the greedy think only of themselves.'



## THE IMPORTANCE OF SPIRITUAL HELP FOR YOUNG CHILDREN

By Elder Paisios the Athonite

Parents have to help their children spiritually when they are little; because then, even their faults are little and they can easily be corrected. It's like a fresh potato; if you scratch it a little, it's peeled. If, however, it gets older and staler, you will need a sharp knife to clean it; and if it has some dark spots, you'll need to dig deeper. If the children are filled with Christ from an early age, they will always remain close to Him. And even if they should stray a little when they grow up, either because of a phase of rebellion they're going through or because of bad influences, they are sure to return to their senses. This is because the fear of God and the devotion that watered their hearts - when they were young - cannot ever be eradicated.



## SPIRITUAL RETREAT: TREASURES OF ANCIENT CHRISTIANITY

From [orthodoxdelmarva.org](http://orthodoxdelmarva.org)

On the weekend of September 6-7, 2014, Christ the Savior Mission hosted a spiritual retreat entitled, "The Treasures of Ancient Christianity".

His Beatitude Metropolitan TIKHON led the retreat, offering a lecture and question/answer period on the shared riches of the 1st millennium of Christianity.

The Synodal Youth Choir, under the directorship of Alexander Cooley, performed a concert with hymns from the ancient Liturgy of the Church as well as sang the responses during the divine services.

The retreat was combined with the Diocesan Day for the Archdiocese of Washington, and we were very pleased to welcome many clergy and faithful who travel out to the mission. We express our thanks to them all as well as all our visitors from near and far for coming to the retreat.

In addition to the lecture, concert, question/answer session, and divine services, there was a barbeque and lamb roast, fellowship, swimming, and activities for children.

On Sunday, during the Divine Liturgy, His Beatitude Metropolitan Tikhon enrolled Michelle Miller into the catechumenate as the first step to sacramental reception into the Orthodox Church. We ask the Lord's continued blessings upon Michelle as well as her entire family!

We give thanks to Almighty God, Metropolitan Tikhon, Protodeacon Joseph, Subdeacon Roman Ostash, the Synodal Youth Choir and all those who worked together with Him to make such a blessed weekend possible!

## SEPTEMBER CONGRATULATIONS!

### Anniversaries:

- 9/16 Fr. Daniel & Mat. Dunia
- 9/26 Gerald & Camelia Milite

### Birthdays:

- 9/5 Kathy Parrish
- 9/9 Olga Bozic  
John Bozic
- 9/10 John Kokkinos
- 9/19 Ellen Kaloroumakis
- 9/24 Lawrence Stewart
- 9/29 Kenny Marchick

### Namesdays:

- 9/5 *St. Elizabeth*  
Kelly Elizabeth Hageman  
Elizabeth Keller
- 9/9 *St. Anna*  
Anna Evanusa
- 9/17 *Ss. Faith, Hope and Love*  
Sophia Kokkinos  
Nada McFarland
- 9/26 *St. John the Theologian*  
Bruce John Eckerd

*Question? Please see Fr. John.*

