



CHRIST THE SAVIOR ORTHODOX CHURCH

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BULLETIN OF JUNE 11, 2017

A Warm Welcome!

We warmly welcome all of our visitors! It's good to have you!

SUNDAY, JUNE 11TH

All Saints

8:40a.m. Hours
 9:00a.m. Divine Liturgy
 Coffee Hour

SATURDAY, JUNE 17TH

5:00p.m. Bible Study
 6:00p.m. Great Vespers

SUNDAY, JUNE 18TH

All Saints of North America

8:40a.m. Hours
 9:00a.m. Divine Liturgy
 Prayer for Graduates
 Coffee Hour
 Parish Council Meeting



The Fast of Ss. Peter & Paul

begins on Monday, June 12th (the day after All Saints Sunday) and extends until the celebration of the feast of the Holy Apostles on June 29th.

About the Apostles' Fast

After Pentecost, the apostles began a fast with prayer to ask God to bless their missionary work. The Apostle's Fast has been kept to this day to strengthen us as well for our own missionary endeavors.



Prayer for Graduates – Sunday, June 18th

As we come to the conclusion of the academic year, we offer thanks to God for His blessings. This prayer will be offered at the end of the Liturgy on Sunday, June 18th.

The Parish Council – Sunday, June 18th

will meet next Sunday, following coffee hour. All welcome!

Open Pool

Following the Divine Liturgy and until 1pm, the pool will be open for swimming. A certified lifeguard will be on duty, but parents should still watch their children. Be safe and enjoy! Questions? Please see Fr. John.



When the Spirit of God descends upon a man and overshadows him with the fullness of His outpouring, then his soul overflows with an indescribable joy, for the Holy Spirit turns to joy whatever He touches. The Kingdom of Heaven is peace and joy in the Holy Spirit. Acquire the Spirit of Peace, and thousands around you will be saved.

St. Seraphim of Sarov

READER SCHEDULE

Sunday, June 25th

Daniel Moss

Sunday, July 2nd

Joanne Patrick



Supporting A Local Pregnancy Center

You can pick up a Baby Bottle after services to take home and collect your loose change (cash and checks also accepted!). Return your bottle on Fathers' Day. This is to benefit The Shirley Grace Pregnancy Center in Berlin where women are cared for both materially and spiritually during their pregnancy. Call 443-513-4124 if you'd like more information.

Vacation Planning

An online directory of Orthodox churches in North America is available at orthodoxyinamerica.org. Everyone needs a vacation sometime, but who really wants or can afford a vacation from God? If you need help, ask your priest to help find you a parish while you are away.



Have a Question About Orthodoxy or Parish Life?

You may reach Fr. John at any time by phone or email: 302-537-6055 or frjohn@orthodoxdelmarva.org.

CASH FLOWS THROUGH 5/31/17					CASH FLOWS IN JUNE 2017					FINANCIAL SNAPSHOT		
OPERATING		OTHER		ALL	OPERATING		OTHER		ALL	AS OF: 6/11		
Income	Expense	Income	Expense	Net	Income	Expense	Income	Expense	Net	Available	Restricted	Savings
37,682	35,855	3,203	500	+4,530	1,855	8,222	0	0	-6,367	6,650	5,624	0



GUARDING THE MIND AND THE HEART

Saint Nicodemus of the Holy Mountain

Everyone finds calm and rest at their center. As snails find rest within their crusty shell, as octopus in their chambers, as four-footed land animals in their dens, and as birds in their nests, so also with man, whose mind has the natural attribute to be calm, to find rest and to be in peace when it enters the heart and the inner man. Man too has the body as a region and dwelling, and the heart as its own center and room for resting. St. Isaac called the heart "the house of understanding." And as the animals when troubled and frightened run to their dens to be protected, so also the mind of man, when troubled by some assault of evil thoughts or some other internal or external circumstance, runs to the

heart and shouts, "My Jesus help me! My Jesus save me!" and is thus liberated. St. John Climacus said: "The name of Jesus chastises enemies" and "Let the memory of Jesus be united with your breathing and then you will know the benefit of silence." The Apostle Peter preached: "And there is salvation in no one else [except Jesus], for there is no other name under heaven given among men by which we must be saved" (Acts 4:12). This is why St. Macarios also noted: "For as it is not possible for the eye to see without light and for speech to be made without a tongue, or for hearing to take place without an ear, so also it is not possible without Christ to be saved and to enter the kingdom of heaven."

JUNE CONGRATULATIONS!

Anniversaries:

- 6/2 Gregory & Danyella Parsells
- 6/4 Dn. Steve & Nissa Nancy Hall
- 6/12 Fr. John & Mat. Emily Parsells
- 6/17 Alan & Denise Royal
- 6/22 Francis & Renie Abdow
- 6/24 Bill & Kathy Parrish
- 6/27 George & Ellen Kaloroumakis

Birthdays:

- 6/4 Danyella Parsells
- 6/6 Nicholas Parsells
- 6/9 Anya, Klimitchev
- 6/14 Cheryl Kokkinos
- 6/15 John Krynitsky
- 6/17 Alexander Azar
- 6/19 Richard Evanusa
- 6/28 Renie Abdow
- 6/30 Christiana Milite
Bill Parrish

Namesdays:

- 6/29 *Holy Apostles Peter & Paul*
Paul Pasternak
Darrell Paul Wilson

Not on the list? Please see Fr. John.

FROM THE SAYINGS OF THE DESERT FATHERS

A hunter, wandering through the desert, came upon Abba Anthony while he was making jokes with the brethren; and he was shocked. Wishing to teach the hunter that it is necessary sometimes to relax with the brethren, the old man said to him: "Put an arrow in your bow and bend it." The hunter did so. "Bend it a little more," said Anthony. The hunter obeyed. "And still more," Anthony told him. "But if I draw the string too tight," said the hunter, "the bow will snap." And the old man said to him: "It is the same in the work of God. If in the case of the brethren we draw the string too tight, they will snap under the strain. So it is necessary sometimes to relax with them." When the hunter heard this, he was filled with compunction, and profiting much from what the old man had said, he went his way. And the brethren, greatly strengthened, departed to their own place.





THE UNIVERSAL CHURCH GLORIFIES THE COMPANY OF ALL THE SAINTS

By the Venerable Bede (+735AD)

Today, beloved brethren, we celebrate in one joyful solemnity the feast day of all the Saints. In their society Heaven exults, in their protection earth rejoices, in their triumphs the holy Church is crowned. The more endurance they showed in giving witness, the brighter is the glory of that witness; for, as the battle was fiercer, the glory of the fighters was greater. The many kinds of suffering enhance the triumph of martyrdom; and the greater the torments, the greater also the reward. Our Mother the catholic Church, spread far and wide over the whole earth, was taught in Jesus Christ her Head to fear neither insults, crosses, nor death. Grown stronger and stronger, not by resisting but by enduring, She has breathed the will to victory into all those whose containment in this earthly prison forms them into an opposing army, that they may be inspired to fight the good fight with no less ardent courage than these who have gone before.

O truly blessed Mother Church, basking in the glow of God's favor, adorned with the glorious blood of the victorious martyrs and clothed in the virginal white of an

untarnished Orthodoxy! Her garlands lack neither rose nor the lily. We should each then strive, dear brothers, to gain the great dignity of these two honors, either the white crowns of virginity or the red of sufferings. In the Heavenly camps, both peace and war have their garlands with which to crown the soldiers of Christ.

For the unutterable and immense goodness of God has seen to it that the time of labor and struggle should be neither prolonged nor long-drawn-out nor endless, but that it should rather be brief and, as we might say, momentary. For the struggles and the labors belong to this short and hard life, but the crowns and the rewards of merit to that which is eternal. The labors, then, will be ended quickly, but the rewards of merit will continue without end. And after the darkness of this world, we are to see the most radiant light and to receive a blessedness greater than the bitterness of all sufferings, as the Apostle testifies when he says, "The sufferings of this present time are not worthy to be compared with the glory to come that will be revealed in us."

ORTHODOXWIKI.ORG: RECOGNITION AS SAINTS

The people of the church do not create saints, they recognize as saints those whom God himself has glorified, seeing in their lives true love for God and their neighbors. From the beginning, the Church recognized the righteous ancestors of Christ, forefathers, as grace-filled men and women whose lives were pleasing to God. Also the prophets who predicted Christ's coming and the apostles and evangelists who proclaimed the Gospel were assumed to be saints. Next the martyrs and confessors who risked their lives and shed their blood in witness to Christ were also recognized as saints. In time, ascetics who followed Christ through self denial, were numbered among the saints. Bishops and priests who fought against heresy and proclaimed the true faith are recognized by the Church as saints. Today, holy people, in all walks of life, can be recognized as saints.



ON THE THOUGHTS OF THE HEART

Saint John of Kronstadt

All my happiness and unhappiness are in the thoughts and desires of my heart. If the thoughts of my heart are in accord with God's truth, with the will of God, then I am at rest, filled with divine light, joy and blessedness; if not, I am uneasy, filled with spiritual darkness that corrupts the soul, with heaviness and despondency. If I replace the false and ungodly thoughts of my heart by true and godly ones, then rest, blessedness and joy return.

FOR CONSIDERATION

By St. Nikolai Velimirovich

A true friend prays to God for his friend. A true friend is concerned about the salvation of the soul of his friend. To dissuade a friend from false paths and to direct him on the path of truth, that is precious friendship. The saints of God are the best friends of mankind. Two youths, Barnabas and Paul, were friends while together they were attending the school of Gamaliel. When Barnabas became a Christian, he persistently and tearfully prayed to God that He would also enlighten the mind and turn the heart of Paul in order that he becomes a Christian. Barnabas often spoke to Paul about Christ the Lord but Paul ridiculed him and considered him as one led astray. However, the Good Lord did not leave the prayers of Barnabas without fruit. The Good Lord appeared to Paul and turned him from the path of falsehood to the path of truth. The converted Paul then fell before the feet of his friend and cried out: "O Barnabas, teacher of truth, I am now convinced that everything which you spoke to me about Christ is the truth!" Barnabas wept with joy and embraced his friend. Barnabas, the friend saved the soul of his friend by his fervent prayer. If Barnabas has succeeded to place Paul as the emperor of Rome, he would have done less for him than what he succeeded in doing by bringing him to the truth by his prayers.



ON PRAYER FOR THOSE WHO REJECT GOD



It was particularly characteristic of St. Silouan to pray for the dead suffering in the hell of separation from God... He could not bear to think that anyone would suffer in "outer darkness." I remember a conversation between him and a certain hermit, who declared with evident satisfaction, "God will punish atheists. They will burn in everlasting fire." Obviously upset, the Saint said, "Tell me, supposing you went to paradise, and there looked down and saw somebody burning in hell-fire – would you feel happy?" "It can't be helped. It would have been their own fault," said the hermit. The Saint answered him with a sorrowful countenance. "Love could not bear that," he said. "We must pray for all."

A FEW QUESTIONS ABOUT FASTING

By St. Nikolai Velimirovich

Q. Who instituted fasting as necessary for salvation?

A. Our Lord Jesus Christ, both by His personal example (Matt. 4:2) and by His teaching (Matt. 6:16; 17:21)

Q. What is the aim of fasting?

- A. The aim of fasting is to:
- purify the body;
 - strengthen the will;
 - elevate the soul over the body;
 - glorify God & honor His saints.

Q. In what does fasting consist for an Orthodox Christian?

A. In abstention from rich foods such as meat and dairy products, evil thoughts, desires and deeds, as well as in more zealously practicing prayer, almsgiving, and all the Christian virtues.

