



CHRIST THE SAVIOR ORTHODOX CHURCH

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BULLETIN OF AUGUST 5, 2018

A Warm Welcome!

We warmly welcome all our visitors! It's good to have you with us!

The Feast of the Transfiguration – August 6th

of the Lord is celebrated on August 6th. There will be Vespers tonight at 7:00pm, and Divine Liturgy tomorrow at 9:00am. This feast, one of the 12 Great Feasts, recalls how the Lord revealed His divine glory to His disciples on Mt. Tabor. On this feast we bless fruit as a symbol of transfiguration, new life, and God's gifts. Come up the mountain!



Looking Ahead – 3 Great Feasts in August

In the month of August we celebrate three Great Feasts: Transfiguration of the Lord (8/6), Dormition of the Theotokos (8/15), and Our Parish Feast – The Icon Not-Made-By-Hands (8/16). Please note these days and make a special effort to attend the Services.

Dormition Fast – August 1-14th

Each year the Church observes a 2 week fast from August 1st through August 15th, the feast of the Dormition (or "Falling Asleep") of the Mother of God. This great feast is called the Summer Pascha as it commemorates the death, burial, resurrection, and ascension of the Virgin Mary.



Vacation Church School

For the first time, we at Christ the Savior will be offering a Vacation Church School for our children. The dates are August 15-17 and fliers, registration forms, and permission slips are available in the back at the candle stand. Questions? Please see Kelly Hageman, Cecilia Wyant, or Mat. Emily.

Open Pool

Today, after the Divine Liturgy, the pool will be open for swimming. A certified lifeguard will be on duty, but parents should still watch their children. Notes: 1) Swimming will begin after the food is blessed. 2) Toys, food, and garbage should be cleaned up before leaving for home. Thanks!



READER SCHEDULE

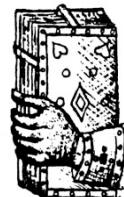


Sunday, August 12th

Daniel Moss

Sunday, August 19th

Rdr. Nicholas Borodulia



Bible Studies

are being held on Saturday evenings at 5:00pm in the "Quiet Room", and will conclude just before the Vespers at 6:00pm. This is a great and enjoyable way to learn together about your Faith. Everyone is invited to attend. Questions are welcome and discussion is lively. Come and see!

CASH FLOWS THROUGH 6/30/18				CASH FLOWS IN JULY 2018				FINANCIAL SNAPSHOT				
OPERATING		OTHER		ALL	OPERATING		OTHER		ALL	AS OF: 8/4		
Income	Expense	Income	Expense	Net	Income	Expense	Income	Expense	Net	Available	Restricted	Savings
51,330	55,398	5,630	3,000	-1,438	8,687	9,233	2,880	2,880	-546	3,341	5,764	12,000

THE FASTS IN THE ORTHODOX CHURCH

From the Catechism of St. Nikolai Velimirovich

Q. Who instituted fasting as necessary for salvation?

A. Our Lord Jesus Christ, both by His personal example (Matt. 4:2) and by His teaching (Matt. 6:16; 7:21).

Q. What is the aim of fasting?

A. The aim of fasting is to:

1. purify the body;
2. strengthen the will;
3. elevate the soul over the body;
4. glorify God and honor His saints.

Q. In what does Fasting consist for an Orthodox Christian?

A. In abstention from rich foods such as meat and dairy products, evil thoughts, desires and deeds. In the application of greater prayer, alms giving and more strenuous exercising of all the Christian virtues.

Q. How do we classify the Fasts and their seasons?

A. There are four fasting seasons which can be found of the Church calendar:

1. Advent – a six week fast before the Nativity of the Lord (Christmas), December 25th
2. Great Lent – a seven week fast before Pascha (Easter)
3. Apostles' Fast – of changing duration before the feast of Ss. Peter & Paul, June 29th
4. Dormition Fast – a two week fast before the Dormition of the Mother of God, August 15th



FROM THE CHURCH FATHERS – FASTING AS MEDICINE

Fasting is a medicine. But medicine, as beneficial as it is, becomes useless because of the inexperience of the user. He has to know the appropriate time that the medicine should be taken and the right amount of medicine and the condition of the body which is to take it, the weather conditions and the season of the year and the appropriate diet of the sick and many other things. If any of these things are overlooked the medicine will do more harm than good. So, if one who is going to heal the body needs so much accuracy, when we care for the soul and are concerned about healing it from bad thoughts, it is necessary to examine and observe everything with every possible detail.

Fasting is the change of every part of our life. Because the sacrifice of the fast is not the abstinence but the distancing from sins. Therefore, whoever limits the fast to deprivation of food, he is the one who, in reality, abhors and ridicules the fast. Are you fasting? Show me your fast with your works. Which works? If you see someone who is poor, show him mercy. If you see an enemy, reconcile with him. If you see a friend who is becoming successful, do not be jealous of him! If you see a beautiful woman on the street, pass her by.

In other words, not only should the mouth fast, but the eyes and the legs and the arms and all the other parts of the body should fast as well. Let the hands fast, remaining clean from stealing and greediness. Let the legs fast, avoiding roads which lead to sinful sights. Let the eyes fast by not fixing themselves on beautiful faces and by not observing the beauty of others. You are not eating meat, are you? You should not eat debauchery with your eyes as well. Let your hearing also fast. The fast of hearing is not to accept bad talk against others and sly defamations.

Let the mouth fast from disgraceful and abusive words. Because, what gain is there when, on the one hand we avoid eating chicken and fish and, on the other, we chew up and consume our brothers? He who condemns and blasphemes is as if he has eaten brotherly meat, as if he has bitten into the flesh of his fellow man. It is because of this that Paul frightened us, saying: "If you chew up and consume one another be careful that you do not annihilate yourselves."

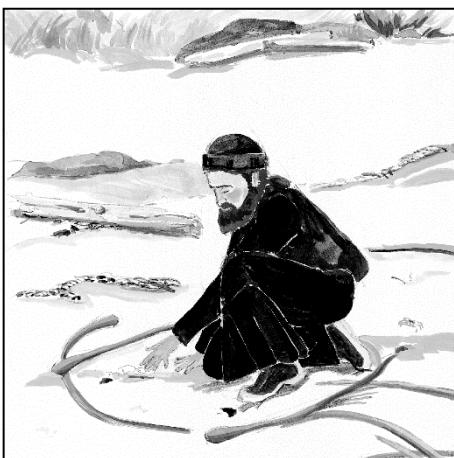
FROM THE TREASURY OF SAINT HERMAN'S SPIRITUALITY

Once the Elder was invited on board a frigate that had come from St. Petersburg. The captain of the frigate was a man quite learned, highly educated; he had been sent to America by Imperial command to inspect all the colonies. With the captain were some 25 officers, likewise educated men. In this company there sat a desert-dwelling monk of small stature, in an old garment, who by his wise conversation brought all his listeners to such a state that they did not know how to answer him. The captain himself related: "We were speechless fools before him!"

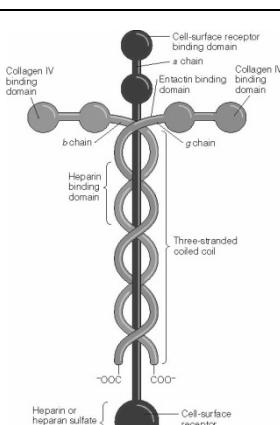


Father Herman gave them all one common question: "What do you, gentlemen, love above all, and what would each of you wish for his happiness?" Diverse answers followed. One desired wealth, one glory, one a beautiful wife, one a fine ship which he should command, and so on in this fashion. "Is it not true," said Father Herman at this, "that all your various desires can be reduced to one - that each of you desires that which, in his understanding, he considers best and most worthy of love?" "Yes, it is so," they all replied. "Well, then, tell me," he continued, "can there be anything better, higher above everything, more surpassing everything and in general more worthy of love, than our Lord Jesus Christ Himself, who created us, perfectly adorned us, gave life to all, supports all, nourishes and loves all, who Himself is love and more excellent than all men? Should not a person then love God high above all and desire and seek Him more than all else?" All began to say: "Well, yes! That is understood! That speaks for itself!"

"And do you love God?" the Elder then asked. All replied: "Of course, we love God. How can one not love God?" "And I, sinful one, for more than forty years have been striving to love God, and cannot say that I perfectly love



Him," answered Father Herman; then he began to show how a person should love God. "If we love someone," he said, "we always think of him, strive to please him, day and night our heart is occupied with this subject. Is it thus that you, gentlemen, love God? Do you often turn to Him, do you always think of Him, do you always pray to Him, and fulfill His holy commandments?" It had to be acknowledged that they did not! "For our good, for our happiness," concluded the Elder, "at least let us make a promise to ourselves, that from this day, from this hour, from this very moment we shall strive to love God above all, and fulfill His holy will!" Behold what an intelligent, superb conversation Father Herman conducted in society; without doubt this conversation must have imprinted itself on the hearts of his listeners for their whole life!



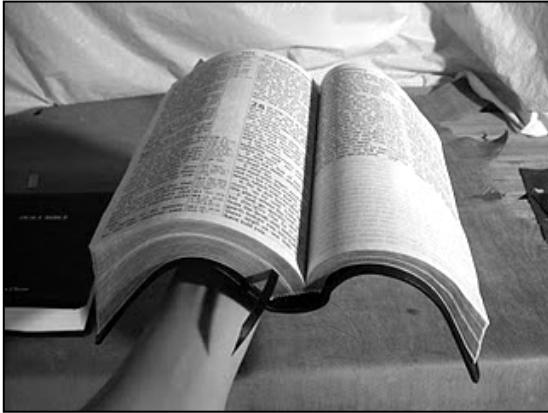
DID YOU KNOW?

Laminin is a protein in our body that literally holds our skin, organs, and everything else in our body, in place. It is described as the rebar or glue of the human body—it holds us all together. Without laminin we would fall apart.

The diagram on the right shows the molecular structure of laminin. This is not a Christian rendering of the protein – this is the diagram which is found in all scientific textbooks.

For more information on laminin, please see Google or the following inspirational video on YouTube:

Check it out! https://www.youtube.com/watch?v=QSR8z_0uW5E



1900-FixUrBible

by Matthew Archbold

Are you tired of reading passages from the Bible that shock you? Don't you think that sometimes the Word of God can seem a little...outdated? Aren't you weary of being offended by certain things Jesus said?

Well don't let your religion challenge you anymore, now there's 1900-FixUrBible -a new service you can do right from home that tailors your Bible to your needs.

Yes it's the Bible but more importantly it's YOUR bible.

1900-FixUrBible has operators standing by to ask you certain questions about what offends you in your Bible and based on your preferences your Bible can be tailor made to suit your needs by removing certain quotations that don't fit in with 21st century life. Your Bible can also bold your favorite quotes like "Judge Not lest ye' be judged" because sometimes we don't want to be challenged by our faith, we just need reaffirmation.

Whether it's making your Old Testament smite free or having the names of all the Pharisees changed to the leaders of the political party you like least 1900-FixUrBible can do it. We can work miracles by removing anything which refers to: A) sexual ethics, B) Abortion, C) The authority of the bishops.

Remember, just because you're following Jesus doesn't mean you can't blaze your own trail sometimes. Call 1900-FixUrBible for YOUR Bible today.

Legal disclaimer: 1-900-FixUrBible provides no guarantee that you will go to heaven and may even be hazardous to your eternal soul.

YOUTH INSPIRE SPONTANEOUS DRIVE AT AAC CLOSING SESSION TO FUND YOUTH DIRECTOR

From OCA.org

Those who have attended an All-American Council [AAC] in years past know that one of the gathering's highlights is the youth presentation traditionally held during the closing plenary session. And this year was no exception as, on Friday, July 27, 2018, children and teens participating in 19th All-American Council's youth program delighted the hierarchs and delegates by performing selections of liturgical music they had learned during the week and shared insights into their role in the Church—present and future. Priest Benjamin Tucci, who directed the youth program, spoke movingly of the importance of such activities in keeping young people connected to the Church.



What was exceptional this year, however, was the amazing response to their presentation, which led Archpriest John Jillions, Chancellor, to announce his intention to pledge \$1,000.00, with the blessing of His Beatitude, Metropolitan Tikhon, toward funding a full-time Youth Director for the Orthodox Church in America. Delegates were quick to seize the microphones to add their pledges and donations and, within a matter of ten minutes, commitments totaling \$87,000.00 had been made by some 60 delegates and their parishes in the spontaneous floor drive. Many other delegates stated their intention to "spread the word" in this regard upon their return home. Donations from those not present at the plenary session may be made online: OCA.org