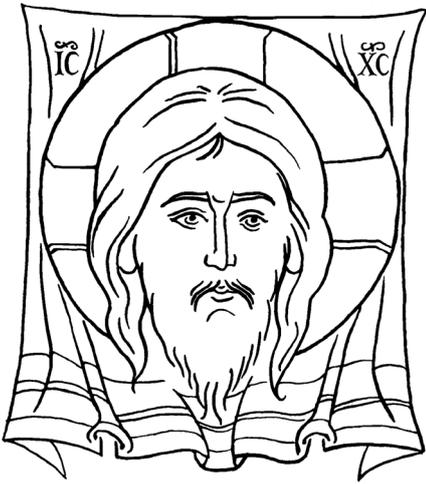


CHRIST THE SAVIOR ORTHODOX CHURCH

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BULLETIN OF OCTOBER 28, 2018



SUNDAY, OCTOBER 28TH

22nd Sunday of Pentecost

8:40a.m. Hours
 9:00a.m. Div. Liturgy; Blessing of
 Those in Healing Ministry
 Coffee Hr; Choir Practice

SATURDAY, NOVEMBER 3RD

5:00p.m. Bible Study
 6:00p.m. Great Vespers

SUNDAY, NOVEMBER 4TH

23rd Sunday of Pentecost

8:40a.m. Hours
 9:00a.m. Div. Liturgy; Coffee Hour
 St. Michael's Party

Our Gifts and Faults in Community

God in His goodness has arranged things perfectly, so that with our gifts, we can help each other, and with our faults, we can be humbled by each other. For every person has some gifts; but everyone also has some faults which one must struggle to overcome.

St. Paisius of Mt. Athos

READER SCHEDULE

Sunday, October 28th

Rdr. Nicholas Borodulia

Sunday, November 4th

Megan Wilkinson



A Warm Welcome!

We warmly welcome all our visitors! It's good to have you with us!



Prayers for the Healing Ministries – Oct. 28th

will be offered at the Divine Liturgy on Oct. 28th, the Sunday closest to the feast of Ss. Cosmas and Damian, the Wonderworkers and Unmercenary Healers (Nov. 1st). Doctors, pharmacists, dentists, nurses, counselors and all those involved in the fields of health and wellness are asked to come forward near the conclusion of the Liturgy for a prayer and blessing.

2019 Calendars & Pocket Planners

can be ordered via the order sheet in the back of the church. The calendars are \$5.00 apiece and the pocket planners \$4.00. The order sheet will be in the back of the church for the next month or so.



Choir Practice – Oct. 28th

There will be a short practice on Sunday, Oct 28th, after the coffee hour.

St. Michael's Party – Sunday, Nov. 4th

On November 4th (the Sunday after Halloween and before the Feast of Archangel Michael – November 8th) we will have a St. Michael's Party for the children of the parish. After the Divine Liturgy, the children will get dressed up as Saints and Angels and have a parade during the coffee hour. Questions, costume ideas, etc.? See Mat. Emily.



Thanksgiving Feast – Sun., Nov. 11th

If you would like to prepare any festive dishes for our parish Thanksgiving meal, please see the sign-up sheet in the back of the church. Everyone is invited! Invite your non-Orthodox family and friends!



Parishioners That Are Home Bound

If you or a loved one are homebound and cannot make it to Church to receive the Holy Mysteries, Fr. John would be very pleased to visit at your home, in the hospital, at a nursing home, or any other place. Please be sure to schedule a visit.

Some Ways to Participate in Parish Life

Stay for coffee hour, attend the Bible study, talk to someone new, call someone you haven't seen in a while, visit the sick/hospitalized, offer to car-pool, serve in the altar, sing in the choir, become a reader, assist as an usher or greeter, serve on the parish council, clean the chapel/fellowship hall each Sunday, prepare food for Sundays or special events, enroll your children in church school, volunteer your talents, give of your time, share your financial resources, invest your life, and grow in Christ!



CASH FLOWS THROUGH 9/30/18					CASH FLOWS IN OCTOBER 2018					FINANCIAL SNAPSHOT		
OPERATING		OTHER		ALL	OPERATING		OTHER		ALL	AS OF: 10/28		
Income	Expense	Income	Expense	Net	Income	Expense	Income	Expense	Net	Available	Restricted	Savings
77,453	83,097	11,700	9,070	-3,014	5,543	9,233	0	0	-3,690	7,981	4,964	12,000



ARCHPASTORAL MESSAGE OF HIS BEATITUDE, METROPOLITAN TIKHON FOR STEWARD SUNDAY

To the Venerable Hierarchs, Reverend Clergy, Monastics, Distinguished Stewards, and the entire family of the Orthodox Church in America:

Stewardship is at the heart of our life and existence as Orthodox Christians. In our own personal lives, in our parish communities, and in our families, we are constantly and sacrificially offering our small gifts, so that we may receive the great gift that God gives to us.

The Stewards of the Orthodox Church in America exists for one purpose: to help the Church and her Outreach Ministries reach the world for Christ! This effort requires prayer and commitment. By God's grace, we have a Church filled with talented and dedicated clergy and laity who give their time to preach, teach, and live the Gospel. Their sacrificial labor needs our financial support to fulfill the work of the Lord. By making a gift to the Stewards of the Orthodox Church in America, you will become a co-worker as we reach out around the world in spreading the Orthodox faith.

On this Sunday, which we call Steward Sunday, together with the members of the Holy Synod, I encourage each of you to express your love for your parish, for the Orthodox Church in America and for our Lord in a tangible way – sacrificial giving. Your gifts will help our ministry departments as they assist our missions to grow, as they help our youth to gather, and encourage all of us to share our faith, thus bearing fruit that has the potential to transfigure the world.

May the Lord continue to grant you every good thing for your salvation and for the growth of His Body, the Church.

With love in Christ,

+ Tikhon
Archbishop of Washington
Metropolitan of All America and Canada



ONE DROP OF GRACE

St. Ephraim the Syrian

According to thy mercy, pour out upon me, who am miserable, at least one small drop of grace to make me understand and be converted, that I might make at least some small effort to correct myself. For if thy grace does not illumine my soul, I will not be able to see the carelessness and negligence that the passions have produced in me through my apathy and recklessness".



PRAYER FOR THE WHOLE WORLD

Our Lord Jesus Christ:

Do not abandon Thy servants who live far away from the Church. May Thy love convict them and bring them back to Thee.

Lord have mercy on Thy servants who are suffering from cancer.

Lord have mercy on Thy servants who suffer either from small or serious ailments.

Lord have mercy on Thy servants who suffer from physical infirmities.

Lord have mercy on Thy servants who suffer from spiritual infirmities.

Lord have mercy on our leaders and inspire them to govern with Christian love.

Lord have mercy on children who come from troubled homes.

Lord have mercy on troubled families and those who have been divorced.

Lord have mercy on all the orphans of the world, on all those who are suffering pain and injustices since losing their spouses.

Lord have mercy on all those in jail, on all anarchists, on all drug abusers, on all murderers, on all abusers of people, and on all thieves. Enlighten these people and help them to straighten out their lives.

Lord have mercy on all those who have been forced to emigrate.

Lord have mercy on all those who travel on the seas, on land, in the air, and protect them.

Lord have mercy on our Church, the bishops, the priests and the faithful of the Church.

Lord have mercy on all the monastic communities, male and female, the elders and eldersses and all the brotherhoods of Mt. Athos.

Lord have mercy on Thy servants who find themselves in the midst of war.

Lord have mercy on Thy servants who are being pursued in the mountains and on the plains.

Lord have mercy on Thy servants who are being hunted like birds of prey.

Lord have mercy on Thy servants who were forced to abandon their homes and jobs and feel afflicted.

Lord have mercy on the poor, the homeless and the exiled.

Lord have mercy on the nations of the world. Keep them in Thy embrace and envelope them with Thy holy protection. Keep them safe from every evil and war. Keep our beloved homelands in Thy protective embrace day and night. Embrace her with Thy holy protection defending her from all evil and war.

Lord have mercy on those who have been abandoned and have suffered injustice. Have mercy on families that are going through trying times. Pour Thy abundant love upon them.

Lord have mercy on Thy servants who suffer from spiritual and bodily problems of all kinds.

Lord have mercy on those who are despairing. Help them and grant them peace.

Lord have mercy on those that have requested that we pray for them.

Lord grant eternal rest to all those who have passed on to eternal life throughout the ages. Amen.

This prayer of St. Paisius of Mt. Athos was given to a convent which had asked the Elder for a prayer rule that could be used by the nuns in their evening vigils. This directive was given to them during the final years of his life. It would be correct to add intentions as your heart directs, and to say this prayer as part of your daily rule.

WOW

12 FASCINATING FACTS ABOUT YOUR LIFE BEFORE BIRTH...



You had 31% more bones while living in the womb than you do now so you would be flexible enough to pass through your mother's vagina on your birthday.



Your heart began beating just 18 days after fertilization, eventually pumping blood twice as fast as your adult heart, beating over 54 million times before your birth.



If your mother was in distress, you sent stem cells to her damaged organs to repair them. She sent you antibodies to protect against infectious diseases.



Your sex was determined during fertilization, along with thousands of other characteristics. If you are a female, you produced every egg you will ever have prior to birth.



At eight weeks your retinas formed and you began to move your eyes in response to light four weeks later. You could tell when it was sunny or dark outside.



When the buccopharyngeal membrane around your mouth broke at ten weeks, you began to drink amniotic fluid comprised primarily of your own urine. Cheers!



Your fingerprints were etched into your skin by nine weeks as you became sensitive to touch. Twins have different fingerprints due to their phenotype.



Although no one could hear you because of your aquatic environment, you cried in the womb. The sound of your cry was influenced by the language you heard before birth.



In four short weeks you grew 10,000 times bigger than the fertilized egg you started out as. You weighed six billion times more than that egg in nine short months.



At just seven weeks old and one inch long you had every organ you have now. Your brain was the first to appear with brainwaves detectable after only six weeks.



Your taste for music was formed in the womb along with your cochlea which reached adult size by 20 weeks. Loud noises often woke or startled you.



What your mother ate flavored your amniotic fluid. You swallowed more amniotic fluid when your mother ate sweet foods compared to when she ate bitter foods.



Prayers during Pregnancy

1) Master, Lord Jesus Christ our God, Source of life and immortality, we thank Thee, that Thou hast enabled us in wedlock to become partakers of Thy blessing and gift, for Thou hast said, O Master, "Grow and multiply and you will fill the earth." We thank Thee and pray: bless this fruit of our body which Thou hast granted us, show Thy mercy upon it and enliven it with Thy Holy Spirit. Make its body to grow in health and without flaw and grant it well-formed members. Sanctify its body, mind, heart and inward parts. Grant this infant wisdom and fear of Thee; appoint a faithful guardian Angel for his soul and body. Cover, protect, strengthen and preserve the child in our womb until the very hour when Thou didst command him to be born. But do not conceal him in his mother's womb, for Thy hands have prepared him. Thou gavest him life and breath. O Lord Jesus Christ, we entrust our child into Thine all-powerful hands. Place the right hand of Thy grace upon him, sanctify him with Thy Holy Spirit and renew him for eternal life, that he may be a partaker of Thy Kingdom. Amen.

2) O all-merciful Christ our God, look upon us and preserve us, Thy servants, from fear and evil spirits, which hope to destroy the work of Thy hands. And when our hour and time will come, grant us deliverance according to Thy grace. Look upon us in Thy mercy and free Thy servants from torment. Alleviate the hardships of our pregnancy and grant us the strength and fortitude to give birth and enable this with Thine all-powerful help. For this is Thy wondrous creation, the power of Thy omnipotence, the work of Thy grace and mercy. Amen.

3) Our most merciful Queen, our hope, O Mother of God, the joy of those who sorrow — help us who are weak, and pray to Thy Son, Christ our God, that He may lighten the time of our pregnancy and successfully resolve this difficult time of His unworthy servants, and that His blessing may be on the infant born of us. For we have no other help, no other hope, but only you, O Mother of God, that you may preserve and cover us and our child. For through your protection and help we are saved, and send up glory and thanksgiving for all to the One God in Trinity and the Creator of all, always, now and ever, and unto the ages of ages. Amen.